# **CAMP STAFF**

**Kyle Steiner** 

Head Coach at UW-Stout

Pole Vault and High Jump Instructor

#### **Emma Berndt**

Assistant Track and Field Coach Sprints Instructor Sprints Coach at UW-Stout

#### Jessica Devine

Assistant Track and Field Coach

Hurdles and Long and Triple Jump Instructor

Hurdles and LJ/TJ Coach at UW-Stout

# **Kody Zahrte**

Shot Put & Discus Instructor
Throws Coaches at UW-Stout

# Logan Gullickson

Assistant Instructor in Long Jump, Triple Jump

# **UW-Stout T&F Athletes**

Will help instruct in various event areas

# Learning-by-Doing Clinic 2020

Sunday, March 8th, 2020

11:-30AM Check-in

12:00PM to 5:30PM

**UW-STOUT SPORTS & FITNESS CENTER** 

220 13th Avenue East

Menomonie, WI

# **For More Information Contact**

Kyle Steiner
UW-Stout Head Track and Field Coach
steinerky@uwstout.edu

# UW-STOUT LEARN BY DOING

#### **WHEN**

Sunday, March 8th, 2020 Check-in/Registration 11:30-12:00PM Clinic 12:00PM to 5:30PM

#### WHERE

UW-Stout Sports and Fitness Center 220 13th Avenue East Menomonie, WI

#### WHO MAY ATTEND

ALL high school students, including current seniors

Coaches are also welcome and will be admitted free

## TYPE OF CAMP

This is a developmental camp to help you become a better athlete or coach. The camp is designed to teach progressions, technique, offer constructive criticism, and give you assistance in workout development for all T&F events.

#### **COST**

Pre-registration received no later than Wednesday, Feb. 26 2020 — \$50.00

Registration after Feb. 26, 2020 — \$60.00 Registration day of clinic — \$60.00

### **CLINIC EVENTS**

Field Track
Pole Vault Sprints
High Jump Hurdles
Long Jump
Triple Jump
Shot Put
Discus

#### WHAT TO BRING

- —Workout clothes
- —Shoes (training shoes and event shoes)
- \*1/4 inch pyramid spikes will be allowed\*
- —Pole vault poles
- —Indoor shots and discus'

# **REGISTRATION INCLUDES**

- -Excellent Staff and Coaching
- —Snacks throughout camp
- —Free T-Shirt (guaranteed to all pre-registrants)

# Further Questions can be Directed to:

Kyle Steiner

UW-Stout Head Track and Field Coach steinerky@uwstout.edu

#### **CAMP REGISTRATION FORM**

Name	
	Zip
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Phone Nur	mber
Current Ye	ar in School: FR SO JR SR
Lon Trip	h jump Pole vault ng jump Discus nle jump Shot put rdles Sprints
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Parent/Gua for my son, sustained a I understar responsibil Signature Registratio \$50.00 \$60.00	ardian Consent: I give permission /daughter to be treated for an injury at the UW-Stout Track and Field Clin and that all expenses are my aity as parent/guardian.  Date  n fee is non-refundable  pre-registration (by 2/26/20)

# Can Register Online at:

http://athletics.uwstout.edu Under Camps/Clinics